

Villa Madonna Montessori
2402 Amsterdam Road
Villa Hills, Ky. 41017
villamadonnamontessori@gmail.com
(859) 341-5145



Lunch Policy

The lunch program at Villa Madonna Montessori provides a special time for education in table manners, nutrition, and community togetherness. In accordance with the Cabinet for Health and Family Services and the Montessori philosophy about wellness and nutrition, we require that lunches brought to school abide by the following policies:

1. The Cabinet of Health and Family Services requires (992 KAR 120 Chapter 217(19) that packed lunches include milk, vegetables, fruit, protein, and bread every day.
2. We encourage the use of whole grain breads and whole foods, and ask that you avoid processed foods.
3. Sugary snacks are discouraged and will be returned home.
4. Food may not be traded or thrown away so that parents may know what the child is or is not eating. This also protects children with food allergies.
5. Neither refrigeration nor reheating is available. Using thermal containers or ice packs are suggested to maintain proper temperatures.
6. We encourage the use of reusable containers to minimize wasteful packaging.
7. Years of observation concludes that children prefer smaller portions/containers.

By packing your child a healthy lunch, you are helping your child to have the best experience possible at school. What your child eats deeply affects the child's brain, body, and behavior. When nutritional needs are met, children are able to grow and thrive. Many parents are surprised to learn that their child is more willing to eat healthy options at school, so use this as an opportunity to pack new foods for your child to try. We deeply appreciate the time and effort that it takes to pack a healthy lunch for your child!

Thank you!